

## Secretary Designee Kolar Message

June 2019



Though beautiful throughout the year, our Veterans Home at Union Grove is particularly so as we observe the rebirth of spring and the upcoming summer. After the long cold winter, more birds are returning, the grass is vibrantly greener, flowers are being planted and the trees have leaves again.

It's this time of year that we gather on Memorial Day to recognize the bravery and sacrifice made by countless men and women. We gather together to pay our respects and commemorate the courageous service of the fallen. The three

WDVA-run cemeteries – including the Southern Wisconsin Veterans Memorial Cemetery in Union Grove – each will host a beautiful memorial service to make sure that we always remember their dedication and brave service to our country.

On Memorial Day, we reflect on and appreciate the service of the men and women who risked their lives in the face of danger. They are brothers and sisters who fought for us and our freedoms and left a void in millions of families across the country. Their commitment and dedication to duty must always be remembered.

During the month of May, and throughout the year, we set the example for others as we hold observances to remember and honor all who served and especially those who paid the ultimate sacrifice.

Yours in Service,  
Mary M. Kolar  
WDVA Secretary-designee

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## Deputy Commandant's Corner



### Summer Time Safety Tips

People who get a lot of exposure to ultraviolet (UV) rays are at greater risk for skin cancer.

Sunlight is the main source of UV rays, but you don't have to avoid the sun completely. And it would be unwise to stay inside if it would keep you from being active, because physical activity is important for good health. But getting too much sun can be harmful. There are some steps you can take to limit your exposure to UV rays.

Simply staying in the shade is one of the best ways to limit your UV exposure. If you are going to be in the sun, "Slip! Slop! Slap!® and Wrap" is a catchphrase that can help you remember some of the key steps you can take to protect yourself from UV rays:

**S**lip on a shirt.

**S**lop on sunscreen.

**S**lap on a hat.

**W**rap on sunglasses to protect the eyes and skin around them.

An obvious but very important way to limit your exposure to UV light is to avoid being outdoors in direct sunlight too long. This is particularly important between the hours of 10 am and 4 pm, when UV light is strongest. If you are unsure how strong the sun's rays are, use the shadow test: if your shadow is shorter than you are, the sun's rays are the strongest, and it's important to protect yourself. Please be safe this summer!

Laura Bruce  
Deputy Commandant

As a friendly reminder the Maurer Hall doors are locked and you must utilize the Boland Hall entrance. Thank you for your cooperation.

## Mother's Day Tea

May 10, 2019



## Welcome Aboard!!

### Harlyn Albert

**Army-Korean War**

**Birthplace:** Horicon, WI

**Occupation:** Retired Drill Press Operator



### Richard Cowle

**Navy-WWII War**

**Birthplace:** Redwing, MN

**Occupation:** Retired Navy



### John Gustin

**Marines-Vietnam War**

**Birthplace:** Racine, WI

**Occupation:** Retired Welder



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*Please welcome  
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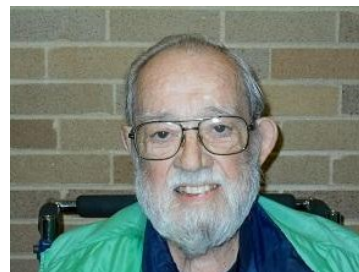
# Welcome Aboard!!

## James Mack

**Navy-Korean War**

**Birthplace:** Minneapolis, MN

**Occupation:** Retired, Self Employed



## John Mich

**Army-Vietnam War**

**Birthplace:** Kenosha, WI

**Occupation:** Retired Parks Department



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## Ralph Pitz Jr.

**Army-Peace Time**

**Birthplace:** Berwyn, IL

**Occupation:** Retired Printer



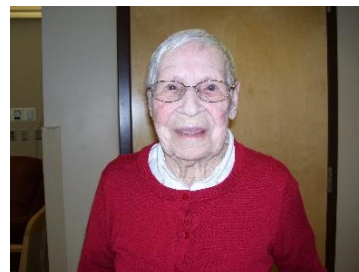
# Welcome Aboard!!

## Dorothy Salva

**Navy-WWII**

**Birthplace:** Littleton, NH

**Occupation:** Retired Retail Industry



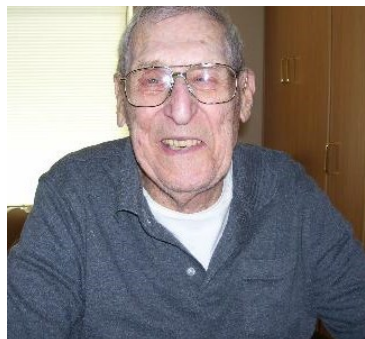
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## Joseph Salva

**Navy-WWII**

**Birthplace:** Chicopee, MA

**Occupation:** Retired Machinist



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## Charles Timm

**Army-Vietnam War**

**Birthplace:** Watertown, WI

**Occupation:** Retired Teacher





## Michael D'Amour

Michael will be assisting with our Memory Unit activity programming. He is a retired sales and marketing executive and has a heart for those with dementia. He speaks conversational French and German.

## Anthony Tirrell

Anthony is a Music Therapy student from Carroll University. He will be assisting with Music Therapy programming throughout the summer; his primary instrument is the saxophone. In addition to majoring in Music Therapy, he is also a marching band drum major and is the Station Manager of WXXC 104.5

## Connect the Dots







You are invited to attend a Grief Support Seminar on Tuesday, June 25, at either 10:00am in the Maurer Hall Chapel OR at 6:30pm at Cross Lutheran Church, 126 Chapel Terrace, Burlington.

Topic of Presentation: Nurture Yourself.

## Happy Birthday!!!



June 2<sup>nd</sup>- Dolores Feld-3<sup>rd</sup>

June 2<sup>nd</sup>- Duane Merrill-GH

June 6<sup>th</sup>- Kenneth Egland-2<sup>nd</sup>

June 8<sup>th</sup>- Sylvan Elmer-3<sup>rd</sup>

June 11<sup>th</sup>- Wayne Davis-1<sup>st</sup>

June 12<sup>th</sup>- Glenn Hickson-1<sup>st</sup>

June 18<sup>th</sup>- John Bakke-GH

June 19<sup>th</sup>- John Mich-1<sup>st</sup>

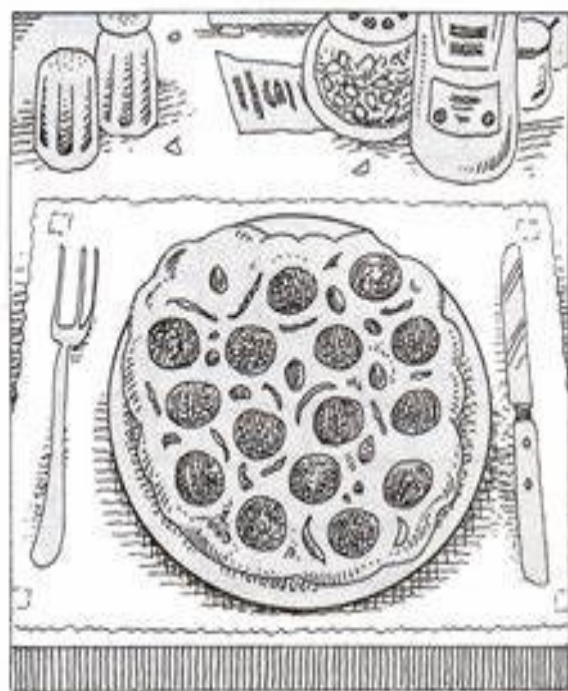
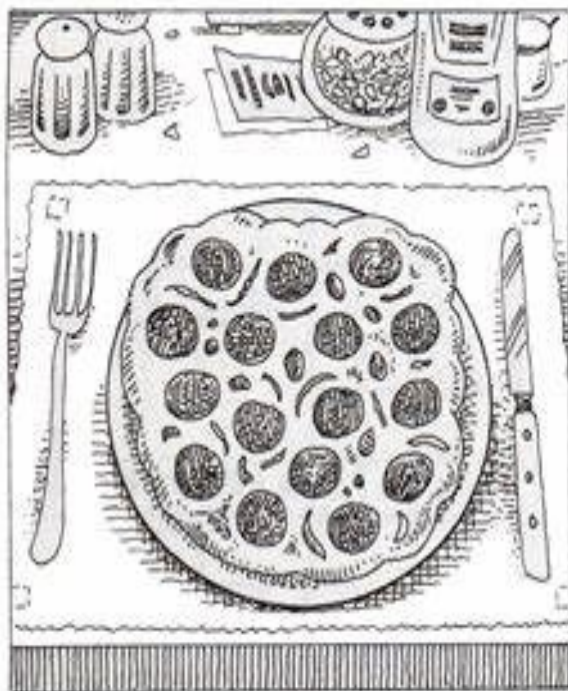
June 24<sup>th</sup>- James Balice-3<sup>rd</sup>

June 25<sup>th</sup>- Linda Robison-2<sup>nd</sup>

June 26<sup>th</sup>- Norman Overbey-1<sup>st</sup>

June 29<sup>th</sup>- Merlin Meyer-3<sup>rd</sup>

See if you can find the eight differences.



## Our Wish List

Community Outings (admission tickets, parking etc.)

Gift Cards to NASCO senior living catalog

Monetary funds for activities supplies or special events

Fun size snack bars, bags of individually wrapped chocolate candy, Diet soda, small bags of chips (for prizes)

Walmart gift cards

(for a complete list of items please visit: [dva.wi.gov](http://dva.wi.gov) -> **Veterans Home** -> **Union Grove** -> **Media** -> **Union Grove Wish List.pdf** )

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## Upcoming Events



Sunday, May 26<sup>th</sup> - Memorial Day Ceremony.

Friday, June 14<sup>th</sup> - Father's Day Eat-Out-In.

Thursday, July 4<sup>th</sup> - July 4<sup>th</sup> Parade.

Saturday, July 20<sup>th</sup> - Family Picnic from 11:30am—2:30pm.

Saturday, August 24<sup>th</sup> - Wind Lake Fishing Trip.

Wednesday, September 11<sup>th</sup> - 911 Event.

September 20 – POW/MIA Remembrance.

October 31 – Halloween Event



# VOLUNTEERS NEEDED

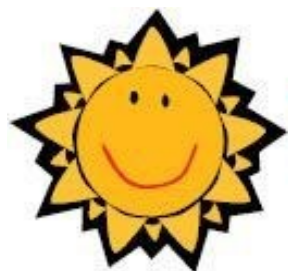
Building:	Where To:	Date/Time:	Volunteers Needed:
Boland Hall-1 <sup>st</sup> Floor	Walmart	Monday, June 3 <sup>rd</sup> 1:00pm	2-3
	Lunch TBD	Friday, June 21 <sup>st</sup> 10:30am	2
Boland Hall – 2 <sup>nd</sup> Floor	Walmart	Monday, June 10 <sup>th</sup> 1:00pm	3-4
	Lunch TBD	Wednesday, June 19 <sup>th</sup> 10:45am	1-2
Boland Hall-3 <sup>rd</sup> Floor	Walmart	Monday, June 17 <sup>th</sup> 1:00pm	3-4
	Lunch TBD	Friday, June 21 <sup>st</sup> 10:30am	2
Gates Hall	Walmart	Monday, June 24 <sup>th</sup> 1:15pm	2-3
	Breakfast Parkside	Friday, June 28 <sup>th</sup> 8:00am	1-2
Fairchild Hall	Walmart	Wednesday, June 12 <sup>th</sup> 9:30am	2-3
	SRB Fellowship Lunch	Thursday, June 13 <sup>th</sup> 11 30am	1
	Wendy's & Walmart	Monday, June 17 <sup>th</sup> 11:30am	2-3



**In-house Volunteer Opportunities** – If you are interested in the following volunteer opportunities, please contact the Activity and Volunteer Director, Terri Presser at 262-878-6725 or email at [Teresa.Presser@dva.wisconsin.gov](mailto:Teresa.Presser@dva.wisconsin.gov)

- ♦ " Provide a movie night on 2<sup>nd</sup> & 3<sup>rd</sup> floor Boland Hall.
- ♦ " We are in need of a volunteer to assist Members with simple computer tasks on a one-to-one basis.
- ♦ " Maintain organization of the Fairchild Hall Library.
- ♦ " Assist activity staff with Member outings.
- ♦ " Escort Members to Happy Hour on Fridays at 2:00pm.
- ♦ " Escort Members to bingo on Tuesdays at 2:00pm.
- ♦ " Switch out seasonal bulletin boards.
- ♦ " Assist with writing Member's stories for their Memories in the Making art projects.
- ♦ " Play Monopoly, poker, or UNO with 2<sup>nd</sup> floor Members.
- ♦ " Water and weed plants during gardening season.
- ♦ " Assist Fairchild Hall Members with menu completion-Thursday afternoons.
- ♦ " Assist with Open Art projects on Wednesday from 1:00-3:00pm.

# Word Search



## WELCOME SUMMER

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J	W	H	C	O	O	K	O	U	T	S	W	E	E	S	D	L	K	I	J	F	M	D	P

AUGUST  
BEACH  
BIKES  
CAMPING  
CARNIVAL  
COOKOUTS  
FIREFLIES  
FIREWORKS

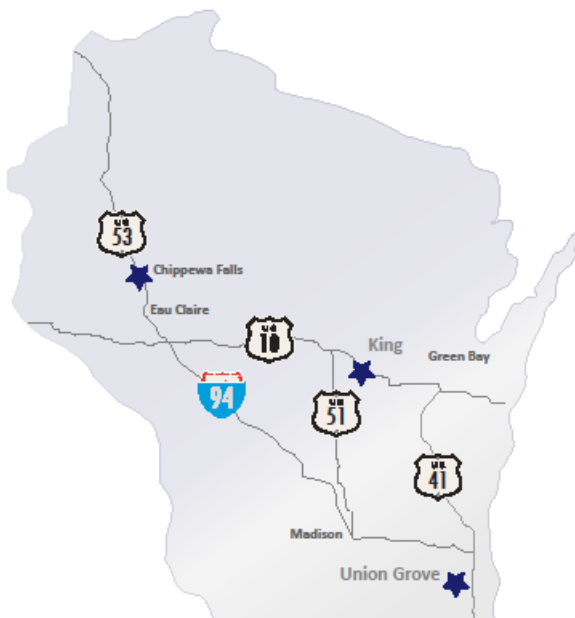
FUN  
HULA HOOPS  
ICE CREAM  
JULY  
JUMPROPE  
JUNE  
MOVIES  
PARADES

POPSICLES  
ROLLERCOASTER  
SANDALS  
SPLASH  
SPRINKLER  
SNOWCONES  
SUNGLASSES  
SUNSCREEN



FIRST CLASS MAIL

Department of Veterans Affairs  
Wisconsin Veterans Home at UG  
21425G Spring St  
Union Grove, WI 53182



One of our major responsibilities at the Wisconsin Department of Veterans Affairs is providing 24-hour skilled nursing care to our nation's heroes. The WDVA is proud of the three Veterans' homes we operate – Chippewa Falls, King and Union Grove – serving nearly 1,000 Veterans and their spouses.

The Wisconsin Veterans Homes are among the best in the country, boasting an excellent safety record and the highest quality of care ratings. Our homes are very popular among Wisconsin's Veterans, evidenced by the occupancy levels and waiting lists associated with each home, and our staff retention rates that exceed those of comparable facilities across the state.

We are here to serve those who have served us all.